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Prognostic and clinicopathological significance of tertiary lymphoid structure in non-small cell lung cancer: a systematic review and meta-analysis

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Abstract

Background Non-small cell lung cancer (NSCLC) is the primary reason for cancer-related deaths globally. Tertiary lymphoid structure (TLS) is an organized collection of immune cells acquired in non-physiological, non-lymphoid tissues. High expression of TLS in tumor tissues is generally associated with better prognosis. This research aimed to investigate the prognostic and clinicopathological significance of TLS in patients with NSCLC.

Methods A comprehensive literature search was conducted based on Pubmed, EMBASE, and Cochrane Library databases to identify eligible studies published up to December 8, 2023. The prognostic significance and clinicopathological value of TLS in NSCLC were evaluated by calculating the combined hazard ratios (HRs) and odds ratios (ORs) and their 95% confidence intervals (CIs). Following that, additional analyses, including subgroup analysis and sensitivity analysis, were conducted.

Results This meta-analysis evaluated the prognostic and clinicopathological significance of TLS in 10 studies involving 1,451 patients with NSCLC. The results revealed that the high levels of TLS were strongly associated with better overall survival (OS) (HR = 0.48, 95% CI: 0.35–0.66, p < 0.001), disease-free survival (DFS)/recurrence-free survival (RFS) (HR = 0.37, 95% CI: 0.24–0.54, p < 0.001), and disease-specific survival (DSS) (HR = 0.45, 95% CI: 0.30–0.68, p < 0.001) in NSCLC patients. In addition, the increased expression of TLS was closely related to the Tumor Node Metastasis (TNM) stage of tumors (OR = 0.71, 95% CI: 0.51–1.00, p < 0.05) and neutrophil-lymphocyte ratio (NLR) (OR = 0.33, 95% CI: 0.17–0.62, p < 0.001).

Conclusions The results revealed that highly expressed TLS is closely associated with a better prognosis in NSCLC patients. TLS may serve as a novel biomarker to predict the prognosis of NSCLC patients and guide the clinical treatment decisions.

Keywords Tertiary lymphoid structures, Non-small cell lung cancer, Prognosis, Systematic review, Meta-analysis

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Introduction

Lung cancer is one of the most prevalent cancers globally, with high death rates in both genders. The majority of lung cancers are attributed to non-small cell lung cancer (NSCLC), causing the most cancer-related deaths and ranking as the second most prevalent cancer globally [1-3]. In recent years, despite great progress in multidisciplinary treatment including surgery, radiotherapy, chemotherapy and immunotherapy, the prognosis of patients with NSCLC remains unsatisfactory. Hence, it is crucial to identify significant prognostic biomarkers for NSCLC to improve the clinical management of patients.

Tertiary lymphoid structure (TLS) is an abnormal lymphoid organ that closely resembles the secondary lymphoid organ (SLO) [4]. Under normal circumstances, TLS does not typically occur in the body, instead, it is found in non-lymphoid tissues where chronic inflammation is present [5]. TLS can develop in different pathophysiological conditions such as autoimmune diseases, infectious diseases, and tumors, leading to various effects that are influenced by the environment [6]. Recently, high levels of TLS have been proven to be linked to improved prognosis in various types of cancer [7, 8]. In patients with breast cancer, elevated levels of TLS is strongly related to a positive outlook for their prognosis [9]. In cases of gastrointestinal tumors, TLS can serve as a valuable prognostic indicator for gastrointestinal cancer and help direct the use of cancer immunotherapy [10]. Although numerous studies have explored the significance of TLS in predicting survival outcomes for NSCLC patients, the prognostic and clinicopathological significance of TLS in NSCLC remains controversial. For example, Brunet et al. found that progression-free survival (PFS) in the group of patients with TLS-positive tumors were not significantly different from patients with TLS-negative tumors [11]. However, some other studies have shown that elevated expression of TLS is closely related to better prognosis of patients with resectable NSCLC [12, 13].

In the present study, we conducted a meta-analysis to investigate the prognostic value of intratumoral TLS in patients with NSCLC, with the aim of providing evidence regarding the potential of TLS as a novel prognostic biomarker for NSCLC.

Materials and methods

Protocol and ethics statement

The reports of this systematic review and meta-analysis are in line with the Preferred Reporting Project for Systematic Review and Meta-Analysis (PRISMA) and the Meta-Analysis of Observational Epidemiological Studies (MOOSE) guidelines and statements [14, 15]. This systematic review and meta-analysis protocol has been registered on the PROSPERO website (https://www.crd. york.ac.uk/PROSPERO/) with the registration number CRD42024504484. All data used in this meta-analysis were from published studies, so ethical approval and patient consent were not required for this study.

Databases and search strategy

Two authors (Luyuan Ma and Rongyang Li) independently searched and assessed the availability of studies in each of the three databases: PubMed, EMBASE and the Cochrane Library, up to December 8th, 2023. Medical subject terms (MeSH) in the search strategy include "Tertiary lymphoid structure" and "Pulmonary Neoplasms" and "Prognosis", and looked up free terms on PubMed. Various possible combinations of keywords and free words are made through two Boolean operators ("AND "and "OR"). The detailed search strategies for all databases are shown in Supplementary Table 1. In addition, we reviewed references in relevant articles for potential studies. Any disagreement between two reviewers is resolved by inviting other reviewers to discuss it.

Study selection and criteria

The primary studies included in this meta-analysis satisfied all of the criteria as follows: (I) This research focuses on individuals diagnosed with NSCLC. (II) Expression level of TLS in tumor tissues was clearly detected. (III) There are clear TLS grouping standards, which divide TLS into high/low expression groups for analysis and research. (IV) The relationship between TLS and survival outcomes or clinicopathological characteristics was evaluated in studies. Meanwhile, we excluded non-compliant studies by using the following criteria: (I) Reviews, metaanalyses, case reports, conference abstracts, letters and comments. (II) Animal experiments or basic research. (III) Studies that don't have enough data to analyze. (IV) Multiple studies utilizing the same set of samples or participants.

Data extraction and quality assessment

From each of the studies that were included, we extracted the following information: authors, year of publication, country, study design, sample size, treatment, TLS detection methods, TLS location, cut-off criteria of TLS, follow-up time and survival outcomes. In addition, we collected the association of TLS with the age, gender, pathologic staging, smoking, Tumor Node Metastasis (TNM) staging and neutrophil-lymphocyte ratio (NLR) for patients. In the end, we extracted the hazard ratios (HRs) and corresponding 95% confidence intervals (CIs) for overall survival (OS), disease-free survival (DFS)/recurrence-free survival (RFS), disease-specific survival (DSS) from each study. If a study conducts both univariate and multivariate analysis of variance, the results of the multivariate analysis will be used in further meta-analysis.

The quality of the included studies was evaluated using the Newcastle-Ottawa Quality Assessment Scale (NOS) [16]. Studies with scores equal to or higher than 6 points can be used for further meta-analysis. Two authors (Luyuan Ma and Rongyang Li) independently appraised the quality of each study, and all disagreements were resolved by consulting other researchers.

Statistical analysis

The prognostic significance of TLS in patients with NSCLC was evaluated by calculating the aggregated HRs and 95% CIs, and the association between TLS and clinicopathological features in patients was evaluated by the aggregated odds ratio (ORs) and 95% CIs. In cases where studies displayed Kaplan-Meier curves but did not provide HRs or 95% CIs, we determined the HRs and 95% CIs by analyzing the survival curves with Engauge Digitizer V4.1 (Markmitch, Goteborg, Sweden) [17]. To reduce possible bias, a random effects model was used to calculate the overall effect size. The degree of heterogeneity was measured using the Cochrane Q test and I² statistics, where I² values exceeding 50% were deemed to indicate significant heterogeneity. Subgroup analysis was performed to identify the source of heterogeneity. Potential publication bias was assessed by Egger's and Begg's test. In order to confirm the stability of the combined results, we conducted a sensitivity analysis to assess how each study influenced the overall estimate by omitting individual studies in turn. A bilateral P value less than 0.05 was deemed statistically significant. All statistical analyses were executed by Stata software (version 15.1; Stata Corp., College Station, Texas, USA) and Review Manager software (RevMan version 5.3, the Nordic Cochrane Center, the Cochrane Collaboration, 2014).

Results

Literature search

Through the literature search scheme, 237 documents with potential research value were retrieved, including 70 PubMed citations, 157 EMBASE citations, 9 Cochrane Library citations, and 1 relevant study yielded from the reference list. After eliminating duplicate publications, there were 171 studies left. By sifting through the titles and abstracts of each study, 31 studies remained. Finally, we carefully read the full text of the remaining articles, and 10 studies with 1,451 patients were included in our meta-analysis. A diagram illustrating the literature search process is shown in Fig. 1.

Characteristics of the included studies

Table 1 describes the baseline characteristics and methodological assessments of each included study. There are ten retrospective studies published range from 2008 to 2023 from various regions of the globe. Four were published in China, two in Japan, two in America, one in Greece and one in Spain. The sample size of the study ranged from 59 to 490. It must be mentioned that all the eligible studies focused on intratumoral TLS, thus we mainly discuss the influence of intratumoral TLS on the prognosis of NSCLC patients. Of the included studies, patients in eight studies received surgical treatment only, and patients in three studies received neoadjuvant chemoimmunotherapy (NCIT) and surgical treatment. Notably, the study of Sun et al. examined both surgeryonly and surgery with NCIT patients in relation to TLS, so we analyzed it as two studies [18]. In these ten studies, four evaluated the correlation between TLS and OS [19-22], seven evaluated the correlation between TLS and DFS/RFS [12, 13, 18, 19, 22-24], two evaluated the correlation between TLS and DSS [19, 25]. The studies that were included had NOS scores ranging from 7 to 9, suggesting that they are of high overall quality. Detailed quality assessments are presented in Supplementary Table 2.

Prognostic value of TLS in patients with NSCLC

Eight studies involving 670 patients appraised the correlation between intratumoral TLS and DFS/RFS in NSCLC patients [12, 13, 18, 19, 22–24]. Pooled results revealed that high level of TLS is significantly associated with more favorable DFS/RFS (HR=0.37, 95% CI: 0.24–0.54, p<0.001) (Fig. 2A), with insignificant heterogeneity (I²=41.9%, p=0.099). Subgroup analyses were conducted according to the treatment methods, TLS detection methods, and assessment of TLS cut-off values. The results showed that patients treated with neoadjuvant chemoimmunotherapy and surgery was correlated with better DFS/RFS, patients who used immunohistochemical (IHC) staining to detect TLS and those who used negative and positive TLS grouping had a better prognosis (Table 2, and Supplementary Fig. 1).

Four studies appraised the association between intratumoral TLS and OS in 422 patients [19–22]. The pooled analysis revealed that high TLS was associated with preferable OS (HR=0.48, 95% CI: 0.35–0.66, p<0.001). The heterogeneity of the studies was low (I²=0.0%, p=0.554) (Fig. 2B). Only two studies have appraised the association between intratumoral TLS and DSS in NSCLC patients [19, 25]. The results indicate that high TLS is closely related to batter DSS (HR=0.45, 95% CI: 0.30–0.68, p<0.001), with low heterogeneity (I²=26.3%, p=0.244) (Fig. 2C).

Correlation between TLS and clinicopathological characteristics in NSCLC

The correlation analysis and evaluation results between TLS and various clinicopathological features are shown in Table 3. Overall, we examined the patients' age (elder

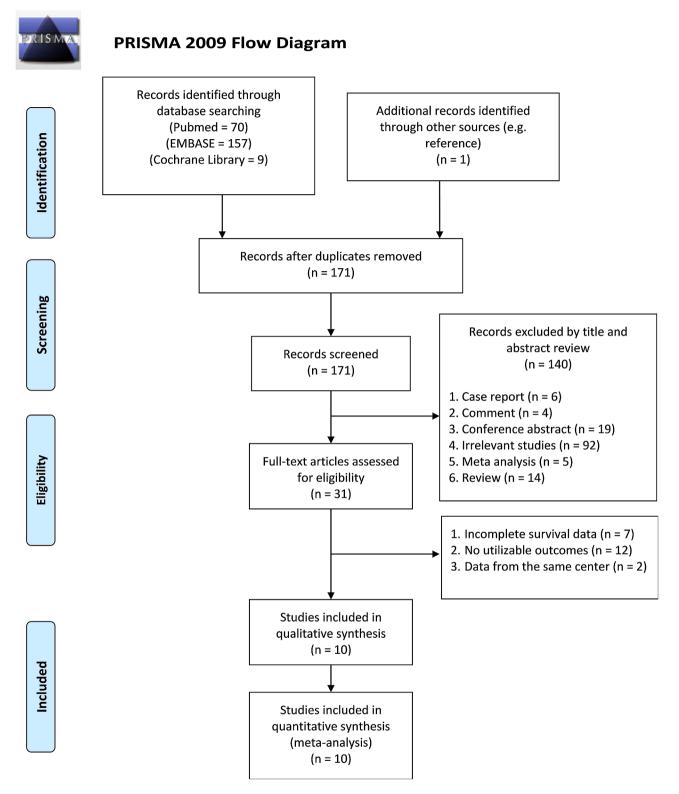


Fig. 1 PRISMA flow diagram of literature search. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses

Table 1 Baseline characteristics and methodological assessment of included studies

Author	Year	Country	Study design	Sam- ple size	Stage	Treatment	TLS detection methods	TLS location	Cut-off criteria of TLS	Follow- up time (months)	Out- come
Alex- andra et al.	2022	Greece	Retrospective	103	I-IV	Surgery	H-E staining	Global	Low/high	35 (3-102)	OS
Caro- line et al.	2008	America	Retrospective	89	-	Surgery	IHC for DC	tumor tissue	Low/high	48	OS DSS DFS
Xu et al.	2023	China	Retrospective	117	- V	NCIT + Surgery	IHC	tumor tissue	Negative/positive	NR	DFS
Rakaee et al.	2021	America	Retrospective	490	-	Surgery	IHC for CD8/CK	tumor tissue	Negative/positive	84 (34–267)	DSS
Fuku- hara et al.	2022	Japan	Retrospective	147	I-IV	Surgery	IHC for HEV	tumor tissue	Negative/positive	35	DFS
Tang et al.	2020	Spain	Retrospective	133	I-IV	Surgery	IHC	tumor tissue	Low/high	37.9 (20.0-65.4)	OS
Sun et al.	2022	China	Retrospective	121	1-1V	NCIT + Surgery/ Surgery	IHC	tumor tissue	Negative/positive	24	DFS
Yang et al.	2020	China	Retrospective	59	I-IIIa	Surgery	IHC	tumor tissue	Low/high	36	DFS
Yutaro et al.	2022	Japan	Retrospective	112	lb	Surgery	H-E staining	tumor tissue	Negative/positive	66.3	OS RFS
Liu et al.	2023	China	Retrospective	80	lb-IIIb	NCIT + Surgery	H-E staining	tumor tissue	Low/high	17.5	DFS

TLS, tertiary lymphoid structure; NCIT, neoadjuvant chemoimmunotherapy; NR, not reported; H-E, heematoxylin-eeosin; IHC, Immunohistochemistry; OS, overall survival; DFS, disease-free survival; DSS, disease specific survival; RFS, recurrence-free survival

vs. young), gender (male vs. female), histological type (adenocarcinoma vs. squamous cell carcinoma), tumor size (large vs. small), smoking history (ever vs. never), TNM stage (II-IV vs. I), and NLR levels (high vs. low). After careful investigation, we determined that the relationship between TLS and TNM stage (OR=0.71, 95% CI: 0.51-1.00, p<0.05) and NLR level (OR=0.33, 95% CI: 0.17–0.62, p<0.001) was significant. TLS did not show any notable correlation with the patient's age (OR=1.11, 95% CI: 0.71–1.76, p=0.64), gender (OR=0.81, 95% CI: 0.61–1.08, p=0.15), tumor classification (OR=0.97, 95% CI: 0.73–1.30, p=0.85), tumor size(OR=0.71, 95% CI: 0.55–1.72, p=0.92), or smoking status(OR=1.01, 95% CI: 0.67–1.51, p=0.97) (Fig. 3).

Sensitive analysis and publication bias

We conducted a sensitivity analysis by excluding the studies one by one. The HRs calculated from the combined results of the remaining studies in each analysis did not go beyond the expected range, as illustrated in Supplementary Fig. 2 and Supplementary Fig. 3. There is no significant difference between the revised overall estimate and the primary combined estimate, indicating that the meta-analysis is reliable. Begg's and Egger's tests are employed to identify any potential publication bias. The meta-analysis did not show any clear publication bias on TLS with respect to OS (Egger's p=0.369,

Begg's p=0.308) and DFS/RFS (Egger's p=0.117, Begg's p=0.117).

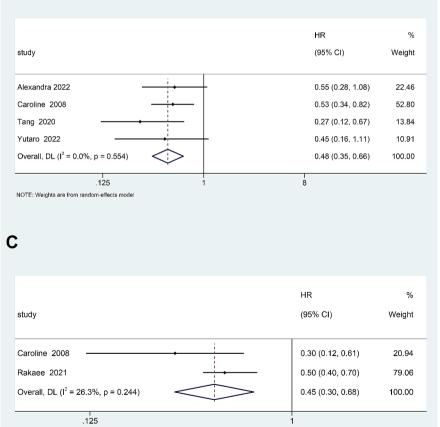
Discussion

In the past few years, as researchers have delved deeper into the tumor microenvironment (TME) and the workings of tumor immunotherapy, TLS has emerged as a significant biological structure that hinders tumor growth by stimulating the activation of immune cells near the tumor [4, 26, 27]. Numerous research studies have investigated the significance of TLS in treating individuals with cancers, and the majority indicating that elevated TLS levels are a crucial indicator of a positive prognosis for various solid tumors [28, 29]. However, the prognostic value of TLS in NSCLC remains controversial. This meta-analysis integrated prognostic data and clinical characteristics of 1,451 NSCLC patients from 10 studies and conducted subgroup analysis. Following a thorough quantitative analysis of prognostic data, we determined that elevated levels of TLS were strongly associated with improved OS, DSS, and DFS/RFS. Additionally, high TLS levels were found to be closely linked to the tumor TNM stage and NLR. This meta-analysis represents the most up-to-date and extensive investigation regarding the correlation between TLS and prognosis, as well as relevant clinicopathological characteristics in individuals diagnosed with NSCLC.

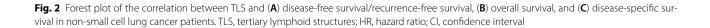
A		
	HR	%
study	(95% CI)	Weight
Caroline 2008	0.76 (0.24, 0.86)	17.29
Xu 2023	0.13 (0.05, 0.31)	12.46
Fukuhara 2022	0.27 (0.08, 0.94)	7.71
Sun 2022 (Cohort 1)	0.33 (0.12, 0.93)	10.29
Sun 2022 (Cohort 2)	0.22 (0.07, 0.74)	8.08
Yang 2020	0.49 (0.24, 0.92)	16.50
Liu 2023	0.45 (0.18, 1.13)	11.64
Yutaro 2022	0.37 (0.18, 0.72)	16.02
Overall, DL ($I^2 = 41.9\%$, p = 0.099)	0.37 (0.24, 0.54)	100.00
I .0625 1	16	
NOTE: Michele and from renders offered standard		

NOTE: Weights are from random-effects model

В



NOTE: Weights are from random-effects model



Variable	No. of studies	No. of patients	Effects model	HR (95% CI)	Ρ	Heterogeneity		
						l ² , %	Р	
DFS/RFS								
All	8	670	Random	0.37 (0.24–0.54)	< 0.001	41.9	0.099	
Detection methods								
H-E	4	345	Random	0.51 (0.36–0.73)	< 0.001	0.0	0.491	
IHC	4	325	Random	0.21 (0.12-0.36)	< 0.001	0.0	0.547	
Treatment								
Primary surgery	5	432	Random	0.48 (0.34–0.67)	< 0.001	0.0	0.431	
NCIT + Surgery	3	238	Random	0.23 (0.11–0.50)	< 0.001	44.7	0.164	
Cut-off criteria								
Low/high	3	213	Random	0.58(0.38-0.88)	0.010	0.0	0.539	
Negative/positive	5	457	Random	0.26 (0.17–0.39)	< 0.001	0.0	0.447	

Table 2 Subgroup analyses of DFS/RFS in non-small cell lung cancer

RFS, recurrence-free survival; DFS, disease-free survival; H-E, hematoxylin-eosin staning; IHC, Immunohistochemistry; HR, hazard ratio; CI, confidence interval; NCIT, neoadjuvant chemoimmunotherapy

Table 3	Correlations	of clinicopath	plogical char	acteristics in	natients with	non-small cell lung ca	ncer

Characteristics	No. of studies	No. of patients	Effects model	OR (95% CI)	Р	Heterogeneity		
						l ² , %	Р	
Age (elder vs. young)	4	829	Random	1.11 (0.71–1.76)	0.64	49	0.12	
Sex (male vs. female)	7	938	Random	0.81 (0.61–1.08)	0.15	0.0	0.51	
Histology (LUAD vs. LUSC)	6	857	Random	0.97 (0.73–1.30)	0.85	0.0	0.63	
Smoke (ever vs. never)	6	903	Random	1.01 (0.67–1.51)	0.97	0.0	0.91	
TNM stage (II-IV vs. I)	4	791	Random	0.71 (0.51-1.00)	< 0.05	0.0	0.64	
Size (large vs. small)	2	227	Random	0.97 (0.55–1.72)	0.92	0.0	0.88	
NLR (high vs. low)	2	264	Random	0.33 (0.17–0.62)	< 0.001	0.0	0.48	

TNM, Tumor Node Metastasis; NLR, neutrophil-lymphocyte ratio; OR, odds ratio; CI, confidence interval; LUAD, Lung adenocarcinoma; LUSC, Lung squamous cell carcinoma

A Study or Subgroup	Experime Events	ntal Total I	Contro		41-1-1-4	Odds Ratio M-H. Random, 95% C	Odds Ratio M-H. Random, 95% Cl		B Study or Subgroup	Experim		Contro			Odds Ratio M-H. Fixed, 95% C	Odds Ratio M-H, Fixed, 95% Cl	
Fukuhara 2022	20	75	26		23.1%		M-H. Random, 95% CI									NI-H, FIXed, 95% CI	
Fukunara 2022 Liu 2023	20 19	75 31	26		23.1%	0.64 [0.32, 1.30]			Caroline 2008	9	12	43	62	4.3%	1.33 [0.32, 5.45]		
						2.73 [1.08, 6.89]			Fukuhara 2022	10	35	36	112	15.0%	0.84 [0.37, 1.94]		
Rakaee 2021	157	291	104		38.9%	1.07 [0.75, 1.54]			Liu 2023	13	29	24	51	11.8%	0.91 [0.37, 2.28]		
Yutaro 2022	26	58	23	54	21.5%	1.10 [0.52, 2.31]	Γ		Rakaee 2021	52	118	209	372	69.0%	0.61 [0.40, 0.93]	-	
Total (95% CI)		455		374	100.0%	1.11 [0.71, 1.76]	+		Total (95% CI)		194		597	100.0%	0.71 [0.51, 1.00]	◆	
Total events	222		171						Total events	84		312					
Heterogeneity: Tau ² =			= 3 (P =	0.12); I	^z = 49%		0.02 0.1 1 10	50	Heterogeneity: Chi ² =			64); l ² = 04	%			0.01 0.1 1 10	100
Test for overall effect: 2	Z = 0.47 (P	= 0.64)					Favours [experimental] Favours [control]		Test for overall effect:	Z = 1.97 (F	P = 0.05)					Favours [experimental] Favours [control]	100
C Study or Subgroup	Experim		Contr			Odds Ratio M-H. Fixed, 95% Cl	Odds Ratio M-H. Fixed, 95% Cl		D	Experim		Contre			Odds Ratio	Odds Ratio	
							MI-H. Fixed. 95% CI		 Study or Subgroup 						M-H, Fixed, 95% C	M-H, Fixed, 95% Cl	
Caroline 2008	43	60	9	14	3.9%	1.41 [0.41, 4.80]			Fukuhara 2022	23	75	23			0.94 [0.47, 1.89]		
Fukuhara 2022	29	98	17	49	15.1%	0.79 [0.38, 1.64]			Liu 2023	17	54	8	26	31.3%	1.03 [0.38, 2.84]		
Liu 2023	22	71	3	9		0.90 [0.21, 3.92]										1	
Rakaes 2021	162	325	99	165	62.4%	0.66 [0.45, 0.97]	-		Total (95% CI)		129		98	100.0%	0.97 [0.55, 1.72]	•	
Sun 2022 (Cohort 1)	20	5	10	5		Not estimable			Total events	40		31					
sun 2022 (Cohort 2)	14	22	11	18		1.11 [0.31, 4.03]			Heterogeneity: Chi ² =	0.02, df = 1	(P = 0.8)	88); l ² = 04	%			0.01 0.1 1 10	100
Yutaro 2022	30	64	19	48	10.9%	1.35 [0.63, 2.88]			Test for overall effect:	Z = 0.10 (F	P = 0.92)					Favours [experimental] Favours [control]	100
Total (95% CI)		645		200	100.0%	0.81 [0.61, 1.08]			-	Experim	ontol	Contro	al.		Odds Ratio	Odds Ratio	
	320	645	168	300	100.0%	0.01 [0.01, 1.00]	•		F Study or Subgroup	Events				Molaht	M-H. Fixed, 95% C		
Total events																	
Heterogeneity: Chi ² = 3			7); $ ^2 = 0$	No.			0.01 0.1 1 10	100	Fukuhara 2022 Xu 2023	8	52	38	95	64.9%	0.27 [0.12, 0.64]	—	
Test for overall effect:	Z = 1.43 (P	= 0.15)					Favours [experimental] Favours [control]		Xu 2023	14	29	30	44	35.1%	0.44 [0.17, 1.14]		
E	Experim	ental	Contr	ol		Odds Ratio	Odds Ratio		Total (95% CI)		81		139	100.0%	0.33 [0.17, 0.62]	◆	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H. Fixed, 95% Cl	M-H. Fixed, 95% Cl		Total events	22		68					
Caroline 2008	34	46	18	28	6.2%	1.57 [0.57, 4.34]			Heterogeneity: Chi2 =	0.51, df = 1	(P = 0.4)	(8); $ ^2 = 0^4$	%				100
Fukuhara 2022	34	107	12	39	12.7%	1.05 [0.47, 2.31]			Test for overall effect:	Z = 3.41 (F	= 0.000	6)				0.01 0.1 1 10 Favours [experimental] Favours [control]	100
Liu 2023	4	20	21	60	8.9%	0.46 [0.14, 1.57]										Favours [experimental] Favours [control]	
Rakaee 2021	113	217	144	266		0.92 [0.64, 1.32]			G	Experim		Contr			Odds Ratio	Odds Ratio	
Sun 2022 (Cohort 1)	16	24	9	14	4.0%	1.11 [0.28, 4.43]			Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% C	M-H, Fixed, 95% Cl	
sun 2022 (Cohort 2)	17	21	10	15	2.4%	2.13 [0.46, 9.81]			Caroline 2008	34	46	18	28	6.2%	1.57 [0.57, 4.34]		
									Fukuhara 2022	34	107	12	39	12.7%	1.05 [0.47, 2.31]		
Total (95% CI)		435		422	100.0%	0.97 [0.73, 1.30]	•		Liu 2023	4	20	21	60	8.9%	0.46 [0.14, 1.57]	<u>+</u> -	
Total events	218		214						Rakaee 2021	113	217	144	266	65.8%	0.92 [0.64, 1.32]		
Heterogeneity: Chi ² = 3			3); I ² = 09	16			0.01 0.1 1 10	100	Sun 2022 (Cohort 1)	16	24	9	14	4.0%	1.11 [0.28, 4.43]		
Test for overall effect:	Z = 0.19 (P	= 0.85)					Favours [experimental] Favours [control]	100	sun 2022 (Cohort 2)	17	21	10	15	2.4%	2.13 [0.46, 9.81]		
									Total (95% CI)		435		422	100.0%	0.97 [0.73, 1.30]	•	
									Total events	218		214				1	
									Heterogeneity: Chi ² =		(P = 0.6)		6			ter t	
									Test for overall effect:			-,,. 0,				0.01 0.1 1 10	100
																Favours [experimental] Favours [control]	

Fig. 3 Forest plot of the correlation between TLS and clinicopathological characteristics in patients with NSCLC. (A) age; (B) TNM stage; (C) gender; (D) tumor size; (E) smoke; (F) NLR; (G) histological type. TLS, tertiary lymphoid structure; OR, odds ratio; CI, confidence interval; TNM, Tumor Node Metastasis; NLR, Neutrophil-lymphocyte ratio

Although only three studies in this meta-analysis focused on the relationship between TLS and patient outcomes in those who underwent immunotherapy before surgery, our findings indicated that individuals with increased TLS levels who received immunotherapy before surgery had a more favorable prognosis compared to those who underwent surgery alone [30]. TLS is an essential component of the tumor immune microenvironment (TIME) and includes T cells, B cells, fibroblast reticular cells (FRC) networks, high endothelial venules (HEV), and follicular dendritic cells (FDC) [4, 31, 32]. Within the TME, TLS serves as a site where immune cells can proliferate and interact. This area is primarily made up of an internal region of CD20+ B cells and a surrounding region of CD3+ T cells [33, 34]. Additionally, there is a significant presence of dendritic cells (DC) surrounding the immune cells, all of which congregate in this space to collectively suppress tumor growth. In this cluster of immune cells, DC displays the surface antigen of nearby tumor tissue to T cells via TLS [35, 36]. The activated T cells then produce memory helper T cells and effector memory cytotoxic cells to aid in the destruction of tumor cells through phagocytosis [37, 38]. Furthermore, this cluster supports the activation and growth of B cells, facilitating the development, activation, and growth of memory B cells and plasma cells [39, 40]. These immune cells further contribute to the body's ability to eliminate tumor cells by generating antibodies. Tumor infiltrating lymphocytes (TILs) are lymphocytes isolated from tumor tissue. It plays a key role in the host antigen-specific tumor immune response [41], and the adoptive immunotherapy approach mediated by TILs has achieved good efficacy in a variety of solid tumors [42, 43]. It has been reported that TLS and TILs play similar roles in the anti-tumor process. However, the study we included found that although there was a certain relationship between the density of TLS and TILs, the joint increase of the two did not have a synergistic effect on the prognosis of the tumor, but were independent of each other [19, 20]. Moreover, Cottrel et al. found that the presence of TLS within the tumor area was consistently associated with cellular apoptosis in patients exhibiting a favorable response to preoperative immune checkpoint inhibitor therapy. Conversely, nonspecific collection of TILs unrelated to the treatment response was also observed [44]. This implies that TLS, rather than TILs, could serve as a more reliable indicator of the therapeutic efficacy for NSCLC patients. Hence, elevated levels of intratumoral TLS could serve as a significant prognostic indicator for NSCLC patients. This further validates the connection between TLS and the immune mechanisms within the tumor microenvironment, highlighting an important area for future investigation.

Currently, there is a lack of consistent criteria globally for choosing TLS detection techniques and determining threshold values, which poses a significant challenge to utilizing TLS as a key prognostic indicator [45]. To identify the most effective approach for assessing TLS, we carried out a subgroup analysis of the studies included. In this meta-analysis, there are variations in how TLS is detected and the cutoff methods used across different studies. According to our analysis results, the use of IHC staining to detect TLS and its grouping by negative or positive results both suggest that patients have a better prognosis. This is probably because these two techniques more accurately reflect the levels of TLS in the patient's body. Therefore, IHC, along with categorizing TLS as negative or positive, could be potentially used together as a standard method for identifying and assessing TLS. However, due to the limited sample size in the studies included, additional research is required to gather more evidence before it can be established as a universal standard for evaluating.

Nevertheless, this meta-analysis has certain constraints. Primarily, most of the included studies were retrospective cohort studies conducted at a single center, potentially leading to biases such as cohort selection bias that could impact the reliability of the findings. Moreover, variations in the methods used to establish TLS cutoff values among the included studies could result in selection bias and diverse outcomes. Furthermore, certain studies lacked precise prognostic details, prompting us to utilize Engauge Digitizer software to estimate the survival statistics of select studies by analyzing the survival curve. This method may yield results that differ from the original data. Moreover, there are only a few studies that can be used for subgroup analysis, particularly within the immunotherapy subgroup. Merely three immunotherapy studies were incorporated, and the sample size was relatively small, suggesting potential inaccuracies in our assessment of immunotherapy [12, 13, 18]. Finally, our meta-analysis focused solely on the presence of TLS within the tumor itself, rather than its presence outside the tumor, which may not fully represent its impact on tumor prognosis. Given these constraints, it is essential to conduct numerous multi-center prospective studies to validate our findings before implementing them in clinical settings.

Conclusion

TLS plays a crucial role in the treatment of NSCLC. Elevated TLS levels are strongly related to positive survival outcomes such as OS, DSS, and DFS/RFS in NSCLC. Additionally, TLS expression levels are closely associated with certain clinicopathological factors of NSCLC patients. Therefore, TLS has the potential to serve as a biomarker for predicting the prognosis of NSCLC patients and may influence clinical treatment decisions. Nevertheless, further prospective studies are necessary to validate the prognostic significance of TLS in NSCLC patients before its clinical application.

Abbreviations

NSCLC	Non-small cell lung cancer
TLS	Tertiary lymphoid structure
HRs	Hazard ratios
ORs	Odds ratios
Cls	Confidence intervals
OS	Overall survival
DFS	Disease-free survival
RFS	Recurrence-free survival
DSS	Disease-specific survival
TNM	Tumor Node Metastasis
NLR	Neutrophil-lymphocyte ratio
SLO	Secondary lymphoid organ
MeSH	Medical subject terms
NOS	Newcastle-Ottawa Quality Assessment Scale
NCIT	Neoadjuvant chemoimmunotherapy
IHC	Immunohistochemical
H-E	Hematoxylin and eosin
TME	Tumor microenvironment
TIME	Tumor immune microenvironment
FRC	Fibroblast reticular cells
FRC HEV	
	Fibroblast reticular cells
HEV	Fibroblast reticular cells High endothelial venules
HEV FDC	Fibroblast reticular cells High endothelial venules Follicular dendritic cells

Supplementary Information

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Supplementary Material 1

Supplementary Material 2

Supplementary Material 3: Supplementary Figure 1. Subgroup analysis of the correlation between TLS in non-small cell lung cancer patients based on (A) the type of tumor treatment, and (B) assessment of TLS cutoff values, and (C) TLS detection methods. TLS, tertiary lymphoid structures; NCIT, neoadjuvant chemoimmunotherapy; IHC, immunohistochemical; H-E, Hematoxylin and eosin; OR, odds ratio; Cl, confidence interval

Supplementary Material 4: Supplementary Figure 2. Sensitivity analysis of (A) disease-free survival/recurrence-free survival, (B) overall survival, (C) disease-specific survival

Supplementary Material 5: Supplementary Figure 3. Sensitivity analysis of (A) age; (B) TNM stage; (C) gender; (D) tumor size; (E) smoke; (F) NLR; (G) histological type. TNM, Tumor Node Metastasis; NLR, Neutrophillymphocyte ratio

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Author contributions

Conception and design: Luyuan Ma and Hui Tian; Administrative support: Hui Tian and Rongyang Li; Provision of study materials or patients: Luyuan Ma, Rongyang Li, and Xiaomeng Liu; Collection and assembly of data: Luyuan Ma, Rongyang Li, Wenhao Yu, Yi Shen; Data analysis and interpretation: Luyuan Ma, Rongyang Li, Xiaomeng Liu, Zhanpeng Tang. All authors contributed to the article and approved the submitted version.

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Data availability

All data are generated from public data, which has been shown in the article. The data that support the findings of this study are available on request from the corresponding author.

Declarations

Ethics approval and consent to participate

Ethical approval was not necessary, as this study was a "Systematic Review and Meta-analysis." There are no individual person's data and presentations of case reports involved in this article.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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