# RESEARCH



# Association of pre-treatment lymphocyte-monocyte ratio with survival outcome in patients with head and neck cancer treated with chemoradiation

Brian Yu<sup>1</sup>, Sung Jun Ma<sup>2</sup>, Michael Khan<sup>1</sup>, Jasmin Gill<sup>3</sup>, Austin Iovoli<sup>2</sup>, Fatemeh Fekrmandi<sup>2</sup>, Mark K. Farrugia<sup>2</sup>, Kimberly Wooten<sup>4</sup>, Vishal Gupta<sup>4</sup>, Ryan McSpadden<sup>4</sup>, Moni A. Kuriakose<sup>4</sup>, Michael R. Markiewicz<sup>5,6</sup>, Ayham Al-Afif<sup>4</sup>, Wesley L. Hicks Jr.<sup>4</sup>, Mukund Seshadri<sup>7</sup>, Andrew D. Ray<sup>8</sup>, Elizabeth A. Repasky<sup>9</sup> and Anurag K. Singh<sup>2\*</sup>

## Abstract

**Background** Given the role of systematic inflammation in cancer progression, lymphocyte-monocyte ratio (LMR) from peripheral blood has been suggested as a biomarker to assess the extent of inflammation in several solid malignancies. However, the role of LMR as a prognostic factor in head and neck cancer was unclear in several metaanalyses, and there is a paucity of literature including patients in North America. We performed an observational cohort study to evaluate the association of LMR with survival outcomes in North American patients with head and neck cancer.

**Methods** A single-institution, retrospective database was queried for patients with non-metastatic head and neck cancer who underwent definitive chemoradiation from June 2007 to April 2021 at the Roswell Park Comprehensive Cancer Center. Primary endpoints were overall survival (OS) and cancer-specific survival (CSS). The association of LMR with OS and CSS was examined using nonlinear Cox proportional hazard model using restricted cubic splines (RCS). Cox multivariable analysis (MVA) and Kaplan–Meier method were used to analyze OS and CSS. Pre-radiation LMR was then stratified into high and low based on its median value. Propensity scored matching was used to reduce the selection bias.

**Results** A total of 476 patients met our criteria. Median follow up was 45.3 months (interquartile range 22.8–74.0). The nonlinear Cox regression model showed that low LMR was associated with worse OS and CSS in a continuous fashion without plateau for both OS and CSS. On Cox MVA, higher LMR as a continuous variable was associated with improved OS (adjusted hazard ratio [aHR] 0,90, 95% confidence interval [CI] 0.82–0.99, p=0.03) and CSS (aHR 0.83, 95% CI 0.72–0.95, p=0.009). The median value of LMR was 3.8. After propensity score matching, a total of 186 pairs were matched. Lower LMR than 3.8 remained to be associated with worse OS (HR 1.59, 95% CI 1.12–2.26, p=0.009) and CSS (HR 1.68, 95% CI 1.08–2.63, p=0.02).

\*Correspondence: Anurag K. Singh Anurag.Singh@RoswellPark.org Full list of author information is available at the end of the article



© The Author(s) 2023. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

**Conclusion** Low LMR, both as a continuous variable and dichotomized variable, was associated with worse OS and CSS. Further studies would be warranted to evaluate the role of such prognostic marker to tailor interventions. Keywords LMR, Lymphocyte, Monocyte, chemoRT, HN cancer, HPV

## Introduction

Inflammationplays a critical role in both the progression of cancer and its response to therapies [1, 2]. There has been a recent focus on exploring inflammatory markers as a prognostic factor for cancer-related outcomes as they are inexpensive, non-invasive, and minimize complications for the patient [3]. These markers are of particular interest in human papillomavirus (HPV)-negative head and neck cancers, where no widely accepted prognostic biomarkers exist [3]. One such marker is lymphocytemonocyte ratio (LMR). The use of LMR as a prognostic factor in head and neck cancer is equivocal in a recent meta-analysis displaying conflicting findings [4].

To date, there have been no studies evaluating the utility of LMR as a prognostic factor for head and neck cancer within North America. The majority of studies were performed in China, Japan, and the United Kingdom, with inconsistent use of smoking history as a pertinent risk factor in a recent meta-analysis [4]. Current studies may not be fully applicable to North America due to differential HPV distribution and differences in prevalence of other risk factors such as smoking and alcohol use [5–7]. Recent in-vitro studies have found p16-mediated inflammatory microenvironments in models of HPV positive cancer which may contribute to differential inflammatory profiles between HPV positive and HPV negative cohorts [8]. In addition, there has been no subset analysis of HPV positive and HPV negative head and neck cancers, which vary greatly in their outcomes [9]. To address this knowledge gap, we performed an observational cohort study to evaluate the association of LMR and survival outcomes in North American patients with head and neck cancer.

## **Materials and methods**

Roswell Park Comprehensive Cancer Center institutional review board approved our study (EDR 103707). Our study complies with the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guideline.

A single-institution, retrospective database was queried for patients with non-metastatic head and neck cancer who underwent curative-intent definitive chemoradiation from June 2007 to April 2021 at the Roswell Park Comprehensive Cancer Center. Intensity modulated radiation therapy (IMRT) with 70 Gy to gross disease and 56 Gy to elective neck lymph nodes in 35 fractions [10]. Patients were excluded if they underwent radiation alone, induction chemotherapy, postoperative radiation, or did not have LMR or survival data.

Variables of interest used in this study included pre-treatment LMR, age, race, gender, smoking status, Karnofsky Performance Status (KPS), number of comorbidities, primary disease site, tumor T and N staging based on the American Joint Committee on Cancer (AJCC) 7th edition, HPV status based on p16 status, and chemotherapy agent. Comorbidities included respiratory (e.g., chronic obstructive pulmonary disease), genitourinary (e.g., chronic kidney disease), endocrine (e.g., diabetes, hypothyroidism), cardiovascular (e.g., hypertension, stroke), and gastrointestinal systems (e.g., gastroesophageal reflux disease). For analysis, missing values were coded as unknown. Races are self-identified as African American, American Indian/Alaska Native, Asian, Hispanic, unknown or declined to answer, and White. Given the small subgroup sample sizes, non-White patients were grouped together as a single category.

Primary endpoints were overall survival (OS) and cancer-specific survival (CSS), defined as time intervals from diagnosis to death from any cause or cancer-related death respectively. Other endpoints included progression-free survival (PFS), locoregional failure (LRF), and distant failure (DF). PFS was defined as time interval from diagnosis to either death from any cause or tumor progression. LRF and DF were defined as time intervals from diagnosis to tumor recurrences in head and neck or outside the head and neck, respectively. All tumor recurrences were confirmed based on multidisciplinary discussion using radiographic findings and, if applicable, biopsy results of metastatic sites. For those with multiple failure events either synchronously or metachronously during their follow up period, all failure events were counted separately for analysis.

## Statistical analysis

Peripheral complete blood count data was used to calculate pre-treatment LMR. The association of LMR with OS and CSS was examined using nonlinear Cox proportional hazard model using restricted cubic splines (RCS) with 3 knots at the 10<sup>th</sup>, 50<sup>th</sup>, and 90<sup>th</sup> percentiles based on the lowest Akaike information criterion [11, 12] as previously shown [13].

## Table 1 Baseline characteristics

	Before matching				After matching					
	3.8 or higher		< 3.8			3.8 or higher		< 3.8		
	N	%	N	%	Р	N	%	N	%	Р
Gender					0.07					0.89
Male	183	78.9	208	85.2		155	83.3	153	82.3	
Female	49	21.1	36	14.8		31	16.7	33	17.7	
Smoker					0.30					0.49
Never/Former	192	82.8	192	78.7		151	81.2	157	84.4	
Current	40	17.2	52	21.3		35	18.8	29	15.6	
Age					0.48					1
< 65	166	71.6	167	68.4		131	70.4	131	70.4	
65 or older	66	28.4	77	31.6		55	29.6	55	29.6	
KPS					0.29					1
< 90	53	22.8	71	29.1		46	24.7	46	24.7	
90-100	177	76.3	171	70.1		138	74.2	138	74.2	
Not available	2	0.9	2	0.8		2	1.1	2	1.1	
Race					0.02					1
White	193	83.2	221	90.6		165	88.7	166	89.2	
Other	39	16.8	23	9.4		21	11.3	20	10.8	
Comorbidity					0.90					1
0	35	15.1	40	16.4		30	16.1	30	16.1	
1–3	140	60.3	147	60.2		113	60.8	114	61.3	
>3	57	24.6	57	23.4		43	23.1	42	22.6	
Site					0.50					0.75
Oropharynx	131	56.5	141	57.8		103	55.4	108	58.1	
Larynx	60	25.9	53	21.7		44	23.7	45	24.2	
Other	41	17.7	50	20.5		39	21.0	33	17.7	
T staging					0.008					0.76
1–2	133	57.3	110	45.1		97	52.2	93	50.0	
3-4	99	42.7	134	54.9		89	47.8	93	50.0	
N staging					0.84					0.65
0-1	70	30.2	71	29.1		55	29.6	50	26.9	
2–3	162	69.8	173	70.9		131	70.4	136	73.1	
HPV					0.07					0.75
Negative	35	15.1	53	21.7		33	17.7	28	15.1	
Positive	124	53.4	107	43.9		93	50.0	94	50.5	
Not available	73	31.5	84	34.4		60	32.3	64	34.4	
Chemo					0.25					0.77
Cisplatin	201	86.6	202	82.8		160	86.0	157	84.4	
Other	31	13.4	42	17.2		26	14.0	29	15.6	

KPS Karnofsky performance status, HPV human papillomavirus

Cox multivariable analysis (MVA) and Kaplan–Meier method were used to analyze OS, CSS, and PFS using LMR as a continuous variable. Pre-radiation LMR was then stratified into high and low based on its median value. Logistic MVA was performed to identify variables associated with low LMR below its median value. Fine-Gray MVA was performed to analyze LRF and DF outcomes with death as a competing event. MVA models included all of the variables listed previously. Among those with available HPV data for oropharyngeal cancer, subgroup analysis was performed. In addition, given the prognostic role of neutrophil counts from peripheral blood on treatment outcomes [14, 15], another subgroup analysis including absolute neutrophil count (ANC)



Fig. 1 Nonlinear Cox regression model using restricted cubic spline for the association between lymphocyte-monocyte ratio and survival outcomes

was performed. Propensity scored matching between high versus low LMR based on its median value was performed to construct matched pairs based on nearest neighbor method in a 1:1 ratio with no replacement using a caliper distance of 0.2 [16]. Standardized means differences for all matched variables were less than 0.1, suggesting negligible differences [17]. Matched variables included all variables previously included for MVA. Cox regression model was used to evaluate OS and CSS after matching.

P values less than or equal to 0.05 were considered statistically significant. All p values were two-sided. Analyses was performed using R (version 4.1.2, R Project for Statistical Computing, Vienna, Austria).

## Results

A total of 476 patients (391 male [82.1%], median [interquartile range] age, 61 [55–67] years) met our criteria (Table 1). Median follow up was 45.3 months (interquartile range 22.8–74.0). Most patients were White (n=414, 87.0%) with favorable performance status (KPS 90–100: n=348, 73.1%) and had HPV-associated squamous cell carcinoma (n=231, 48.5%) in oropharynx (n=272, 57.1%) treated with cisplatin as concurrent chemotherapy regimen (n=403, 84.7%). The nonlinear Cox regression model using RCS method showed that low LMR was associated with worse OS and CSS in a continuous fashion without plateau and crossed the hazard ratio of 1 at LMR 3.4 for both OS and CSS outcomes (Fig. 1). On Cox MVA, higher LMR was associated with improved OS (adjusted hazard ratio [aHR] 0.90, 95% confidence interval [CI] 0.82–0.99, p = 0.03) and CSS (aHR 0.83, 95% CI 0.72–0.95, p = 0.009; Table 2). However, it was not associated with PFS (aHR 0.93, 95% CI 0.86–1.01, p = 0.09), LRF (aHR 0.89, 95% CI 0.75–1.05, p = 0.18), or DF (aHR 0.94, 95% CI 0.81–1.08, p = 0.39; Table 3).

The median value of LMR was 3.8. On logistic MVA (Table 4), patients with other racial background (adjusted odds ratio [aOR] 0.85, 95% CI 0.74–0.97, p=0.02) and positive HPV status (aOR 0.82, 95% CI 0.72–0.94, p=0.005) were less likely to have low LMR. Higher T staging was associated with low LMR (aOR 1.15, 95% CI 1.04–1.27, p=0.005).

After propensity score matching, a total of 186 pairs were matched, and their baseline characteristics were well balanced (Table 1). Lower LMR remained to be associated with worse OS (HR 1.59, 95% CI 1.12–2.26, p=0.009; Fig. 2) and CSS (HR 1.68, 95% CI 1.08–2.63,

	Overall surviv	al		Cancer-specific survival			
	aHR	95% CI	Р	aHR	95% CI	Р	
LMR							
For every increase by 1	0.90	0.82-0.99	0.03	0.83	0.72-0.95	0.009	
Gender							
Male	Reference			Reference			
Female	1.05	0.68-1.61	0.83	0.89	0.51-1.57	0.7	
Smoker							
Never/Former	Reference			Reference			
Current	1.7	1.15-2.49	0.007	1.4	0.86-2.28	0.17	
Age							
For every increase by 1	1.03	1.01-1.05	0.002	1.03	1.00-1.05	0.02	
KPS							
< 90	Reference			Reference			
90–100	0.7	0.49-1.01	0.05	0.46	0.29-0.71	< 0.001	
Not available	< 0.001	0.00-Infinity	0.99	< 0.001	0.00-Infinity	1	
Race							
White	Reference			Reference			
Other	1.6	1.04-2.48	0.03	1.73	1.01-2.97	0.05	
Comorbidity							
0	Reference			Reference			
1	0.54	0.32-0.91	0.02	0.52	0.28-0.99	0.05	
2	0.88	0.51-1.53	0.65	0.6	0.30-1.21	0.15	
3	0.27	0.15-0.51	< 0.001	0.26	0.12-0.55	< 0.001	
>3	0.85	0.50-1.44	0.54	0.68	0.35-1.31	0.25	
Site							
Oropharynx	Reference			Reference			
Larynx	1	0.62-1.61	1	1.13	0.62-2.08	0.69	
Other	1.07	0.67-1.69	0.78	1.38	0.77-2.48	0.28	
T staging							
1-2	Reference			Reference			
3–4	2.19	1.54-3.11	< 0.001	3.45	2.14-5.54	< 0.001	
N staging							
0–1	Reference			Reference			
2-3	1.8	1.19-2.74	0.006	2.59	1.50-4.49	< 0.001	
HPV							
Negative	Reference			Reference			
Positive	0.65	0.40-1.07	0.09	0.74	0.39-1.39	0.35	
Not available	1.04	0.70-1.57	0.83	1.04	0.62-1.74	0.88	
Chemo							
Cisplatin	Reference			Reference			
Other	1.43	0.90-2.28	0.13	1.41	0.77-2.59	0.27	

## Table 2 Cox multivariable analysis for overall survival and cancer-specific survival

LMR lymphocyte-monocyte ratio, aHR adjusted hazards ratio, 95% CI 95% confidence interval, KPS Karnofsky performance status, HPV human papillomavirus

p=0.02; Fig. 2). However, it was not associated with PFS (aHR 1.35, 95% CI 0.97–1.86, p=0.07), LRF (aHR 1.06, 95% CI 0.58–1.94, p=0.85), or DF (aHR 1.30, 95% CI 0.78–2.17, p=0.31; Fig. 3).

For the entire cohort, median ANC was 4750 cells/ microliter (interquartile range 3607–6282). When the absolute neutrophil count as a continuous variable was adjusted in the MVA, similar findings for the LMR

	Progression-Free Survival			Locoregional Failure			Distant Failure		
	aHR	95% CI	Р	aHR	95% CI	Р	aHR	95% CI	Р
LMR									
For every increase by 1	0.93	0.86-1.01	0.09	0.89	0.75-1.05	0.18	0.94	0.81-1.08	0.39
Gender									
Male	Reference			Reference			Reference		
Female	1.03	0.70-1.52	0.89	1.06	0.53-2.09	0.87	0.46	0.20-1.03	0.06
Smoker									
Never/Former	Reference			Reference			Reference		
Current	1.51	1.06-2.15	0.02	1.08	0.57-2.05	0.81	1.4	0.78-2.53	0.26
Age									
For every increase by 1	1.02	1.00-1.04	0.02	1.01	0.98-1.04	0.54	1	0.98-1.03	0.92
KPS									
< 90	Reference			Reference			Reference		
90–100	0.81	0.58-1.14	0.22	0.91	0.49-1.68	0.76	0.59	0.33-1.03	0.06
Not available	< 0.001	0.00-Infinity	0.99	< 0.001	0.00-Infinity	1	< 0.001	0.00-Infinity	1
Race									
White	Reference			Reference			Reference		
Other	1.4	0.93-2.11	0.11	2.23	1.16-4.29	0.02	1.45	0.74–2.86	0.28
Comorbidity									
0	Reference			Reference			Reference		
1	0.57	0.35-0.92	0.02	0.55	0.24-1.30	0.17	0.96	0.43-2.13	0.92
2	0.81	0.49-1.34	0.41	0.87	0.35-2.18	0.77	1.12	0.48-2.64	0.79
3	0.33	0.19-0.57	< 0.001	0.58	0.24-1.40	0.22	0.39	0.15-1.02	0.06
>3	0.74	0.46-1.20	0.23	0.42	0.16-1.07	0.07	1.1	0.48-2.52	0.82
Site									
Oropharynx	Reference			Reference			Reference		
Larynx	1.06	0.68-1.63	0.81	1.29	0.58-2.86	0.53	1.52	0.73-3.17	0.27
Other	1.11	0.73-1.69	0.62	1.45	0.66-3.18	0.36	1.79	0.93-3.45	0.08
T staging									
1–2	Reference			Reference			Reference		
3–4	1.97	1.44-2.70	< 0.001	2.6	1.35-5.02	0.004	2.75	1.62-4.66	< 0.001
N staging									
0-1	Reference			Reference			Reference		
2–3	1.94	1.31-2.86	< 0.001	1.21	0.62-2.35	0.58	4.64	2.21-9.73	< 0.001
HPV									
Negative	Reference			Reference			Reference		
Positive	0.56	0.36-0.88	0.01	0.4	0.16-0.98	0.05	1.11	0.52-2.35	0.8
Not available	0.86	0.59–1.26	0.44	0.9	0.47-1.72	0.76	0.93	0.47-1.87	0.84
Chemo									
Cisplatin	Reference			Reference			Reference		
Other	161	105-247	0.03	1 09	044-267	0.86	236	1 23-4 52	0.01

 Table 3
 Cox multivariable analysis for progression-free survival and Fine-Gray multivariable analysis for locoregional and distant failures

LMR lymphocyte-monocyte ratio, aHR adjusted hazards ratio, 95% CI 95% confidence interval, KPS Karnofsky performance status, HPV human papillomavirus

were noted on MVA. Higher LMR was associated with improved OS (aHR 0.91, 95% CI 0.83–1.00, p=0.047) and CSS (aHR 0.85, 95% CI 0.74–0.98, p=0.02), while it was not associated with PFS (aHR 0.95, 95% CI 0.88–1.02, p=0.17), LRF (aHR 0.91, 95% CI 0.77–1.07, p=0.25), or

DF (aHR 0.95, 95% CI 0.83–1.09, p=0.48). In the subgroup of 319 patients (67.0%) with available HPV data for oropharyngeal cancer, 231 patients (48.5%) had HPV-associated head and neck cancer. LMR status was not associated with both OS and CSS regardless of HPV status (Table 5).

**Table 4** LogisticmultivariableanalysisforLymphocyte-Monocyte Ratio

	aOR	95% CI	Р
Gender			
Male	Reference		
Female	0.88	0.78-1.00	0.05
Smoker			
Never/Former	Reference		
Current	1.04	0.92-1.16	0.56
Age			
<65	Reference		
65 or older	1.03	0.93-1.14	0.61
KPS			
< 90	Reference		
90-100	0.94	0.84-1.04	0.23
Not available	0.97	0.59-1.59	0.9
Race			
White	Reference		
Other	0.85	0.74-0.97	0.02
Comorbidity			
0	Reference		
1–3	0.93	0.82-1.06	0.3
>3	0.91	0.78-1.06	0.21
Site			
Oropharynx	Reference		
Larynx	0.87	0.75-1.00	0.05
Other	1	0.88-1.14	1
T staging			
1–2	Reference		
3–4	1.15	1.04-1.27	0.005
N staging			
0–1	Reference		
2–3	1.04	0.93-1.17	0.47
HPV			
Negative	Reference		
Positive	0.82	0.72-0.94	0.005
Not available	0.93	0.82-1.06	0.26
Chemo			
Cisplatin	Reference		
Other	1.12	0.98-1.27	0.1

aOR adjusted odds ratio, 95% CI 95% confidence interval, KPS Karnofsky performance status, HPV human papillomavirus

## Discussion

To our knowledge, this is the first study of a North American head and neck cancer patient cohort to evaluate the prognostic value of LMR. Low LMR, both as a continuous variable and dichotomized variable below the median value, was associated with worse OS and CSS. Low LMR was associated with higher T staging and negative HPV status. The association of LMR with survival outcomes and higher T staging in our study is inconsistent with a recent meta-analysis evaluating the role of LMR as a prognostic factor among patients with head and neck cancer [4]. Many studies included in the meta-analysis were performed outside the North America, and a recent Korean study showed different average LMR across age and sex groups in healthy subjects, suggesting varied degrees of the prognostic role for LMR based on different patient demographics [18].

Our finding on low LMR as an adverse prognostic factor supports a growing body of literature that systemic inflammation, as indicated by inflammatory markers, has been demonstrated to result in worse prognosis [19]. Recent studies have emphasized that host inflammatory response greatly influences the development of cancer, as it has been suggested that inflammatory cells and cytokines are increasingly likely to impact cancer growth and metastasis, while contributing to immunosuppression associated with malignancy [20, 21]. Peripheral blood biomarkers have been used to capture the magnitude of such inflammation, and several studies have demonstrated their prognostic value across cancer types [22]. An insufficient count of lymphocytes can result in inadequate immunological response to a tumour present, promoting progression and spread; specifically, it has been reported that types of tumor infiltrating lymphocytes, including CD8+T cells and memory T cells, are associated with positive prognosis of tumors [23]. Increased monocyte number, however, has been associated with unfavorable outcomes of a variety of tumors, differentiating into tumor-associated macrophages and promoting tumor angiogenesis, growth, invasion, and migration [23]. Our cutoff of 3.8 as a median value in this study is consistent with previous studies incorporating cutoff values ranging from 2.35 to 5.22 [24].

Low LMR was also associated with HPV-negative cancer. HPV positive cancers have a distinct molecular pathogenesis from HPV negative cancers facilitated by upregulation of p16 [8, 25]. One study found increased CD8+T cell tumor infiltration in HPV positive cancer compared to HPV negative tumors [26]. The different tumor microenvironments between the head and neck cancer subgroups may in part explain our findings. Another study found that HPV can inhibit monocyte differentiation to Langerhans cells, thereby evading immune surveillance [27]. It is possible that through this mechanism, a higher proportion of monocytes would be insignificant in affecting outcome.

## Limitations

The limitations of this study are those inherent to singleinstitution retrospective studies including potential for



Fig. 2 Kaplan–Meier curves for overall and cancer-specific survival outcomes for low versus high lymphocyte-monocyte ratio. LMR: lymphocyte-monocyte ratio



Fig. 3 Kaplan–Meier curves for progression-free survival and cumulative incidence of locoregional and distant failure outcomes for low versus high lymphocyte-monocyte ratio. LMR: lymphocyte-monocyte ratio

Table 5	Cox multivaria	able analysis for (	overall survival and	cancer-specific survival	stratified by p16 status
---------	----------------	---------------------	----------------------	--------------------------	--------------------------

p16-negative cohort									
	Overall survival		Cancer-specific survival						
	aHR	95% CI	Р	aHR	95% CI	Р			
LMR									
3.8 or higher	Reference			Reference					
< 3.8	0.87	0.42-1.83	0.72	1.28	0.50-3.31	0.61			
p16-positive cohort									
	Overall survival			Cancer-specific survival					
	aHR	95% CI	Ρ	aHR	95% CI	Р			
LMR									
3.8 or higher	Reference			Reference					
< 3.8	1.26	0.71-2.26	0.43	1.49	0.69-3.22	0.31			

LMR lymphocyte-monocyte ratio, aHR adjusted hazards ratio, 95% CI 95% confidence interval

selection bias. In addition, our analysis did not include address change in pre-treatment compared to posttreatment LMR (delta LMR), which may better account for baseline LMR and be a stronger predictor of prognosis [28]. Since only those with definitive chemoradiation were included in this study, our findings may not be generalizable to other patient populations treated with surgery, postoperative radiation, surgery or radiation alone, and palliative radiation.

## Conclusion

Low LMR, both as a continuous variable and dichotomized variable below 3.8 in our study, was associated with worse overall survival and cancer-specific survival. Low LMR was associated with higher T staging and HPV negative cancer. Further studies are warranted to elucidate the role of inflammatory markers in head and neck cancer management.

#### Acknowledgements

Not applicable

#### Authors' contributions

Brian Yu: Data Curation, Investigation, Formal Analysis, Writing—Original Draft. Sung Jun Ma: Conceptualization, Methodology, Investigation, Formal Analysis, Supervision, Writing—Original Draft, Writing – Review & Editing. Michael Khan: Data Curation. Jasmin Gill: Writing—Original Draft. Austin Iovoli, Fatemeh Fekrmandi, Mark Farrugia, Kimberly Wooten, Vishal Gupta, Ryan McSpadden, Moni A Kuriakose, Michael Markiewicz, Ayham Al-Afif, Wesley Hicks, Mukund Seshadri, Andrew Ray, Elizabeth Repasky: Investigation, Writing – Review & Editing, Validation. Anurag K. Singh: Investigation, Writing – Review & Editing, Validation, Supervision.

### Funding

This research was supported by the National Cancer Institute Cancer Center Support Grant (P30CA016056). Sponsors had no role in the preparation of this manuscript.

#### Availability of data and materials

Data cannot be shared publicly because of protected health information. Data are available from the Institutional Data Access / Ethics Committee for researchers who meet the criteria for access to confidential data. Research data will be shared upon request to the corresponding author.

## Declarations

#### Ethics approval consent to participate

The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the institutional review board of Roswell Park Comprehensive Cancer Center (EDR-103707). A waiver of consent was obtained from the Institutional Review Board of Roswell Park Comprehensive Cancer Center due to the retrospective nature of the study making consent impractical and contacting patients to obtain consent would pose a greater risk than the waiver.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare no competing interests.

#### Author details

<sup>1</sup> Jacobs School of Medicine and Biomedical Sciences, University at Buffalo, The State University of New York, 955 Main Street, Buffalo, NY 14203, USA. <sup>2</sup>Department of Radiation Medicine, Roswell Park Comprehensive Cancer Center, 665 Elm Street, Buffalo, NY 14203, USA. <sup>3</sup>University at Buffalo, The State University of New York, 12 Capen Hall, Buffalo, NY 14260, USA. <sup>4</sup>Department of Head and Neck Surgery, Roswell Park Comprehensive Cancer Center, 665 Elm Street, Buffalo, NY 14203, USA. <sup>5</sup>Department of Oral and Maxillofacial Surgery, School of Dental Medicine, University at Buffalo, The State University of New York, 3435 Main Street, Buffalo, NY 14214, USA. <sup>6</sup>Department of Neurosurgery, Jacobs School of Medicine and Biomedical Sciences, University at Buffalo, The State University of New York, 955 Main Street, Buffalo, NY 14203, USA. <sup>7</sup>Department of Oral Oncology, Roswell Park Comprehensive Cancer Center, 665 Elm Street, Buffalo, NY 14203, USA. <sup>8</sup>Department of Cancer Prevention and Control, Roswell Park Comprehensive Cancer Center, 665 Elm Street, Buffalo, NY 14203, USA. <sup>9</sup>Department of Immunology, Roswell Park Comprehensive Cancer Center, 665 Elm Street, Buffalo, NY 14203, USA.

Received: 28 February 2023 Accepted: 13 June 2023 Published online: 21 June 2023

- 1. Coussens LM, Werb Z. Inflammation and cancer. Nature. 2002;420(6917):860–7.
- Zhao H, Wu L, Yan G, et al. Inflammation and tumor progression: signaling pathways and targeted intervention. Signal Transduct Target Ther. 2021;6(1):263.
- Gu L, Li H, Chen L, et al. Prognostic role of lymphocyte to monocyte ratio for patients with cancer: evidence from a systematic review and metaanalysis. Oncotarget. 2016;7(22):31926–42.
- Kumarasamy C, Tiwary V, Sunil K, et al. Prognostic utility of platelet-lymphocyte ratio, neutrophil-lymphocyte ratio and monocyte-lymphocyte ratio in head and neck cancers: a detailed PRISMA compliant systematic review and meta-analysis. Cancers (Basel). 2021;13(16):4166.
- Clifford GM, Gallus S, Herrero R, et al. Worldwide distribution of human papillomavirus types in cytologically normal women in the international agency for research on cancer HPV prevalence surveys: a pooled analysis. Lancet. 2005;366(9490):991–8.
- Hashibe M, Brennan P, Benhamou S, et al. Alcohol drinking in never users of tobacco, cigarette smoking in never drinkers, and the risk of head and neck cancer: pooled analysis in the international head and neck cancer epidemiology consortium. J Natl Cancer Inst. 2007;99(10):777–89.
- Hashibe M, Brennan P, Chuang SC, et al. Interaction between tobacco and alcohol use and the risk of head and neck cancer: pooled analysis in the international head and neck cancer epidemiology consortium. Cancer Epidemiol Biomarkers Prev. 2009;18(2):541–50.
- Prabhavathy D, Vijayalakshmi R, Kanchana MP, Karunagaran D. HPV16 E2 enhances the expression of NF-kappaB and STAT3 target genes and potentiates NF-kappaB activation by inflammatory mediators. Cell Immunol. 2014;292(1–2):70–7.
- Fullerton ZH, Butler SS, Mahal BA, et al. Short-term mortality risks among patients with oropharynx cancer by human papillomavirus status. Cancer. 2020;126(7):1424–33.
- Fung-Kee-Fung SD, Hackett R, Hales L, Warren G, Singh AK. A prospective trial of volumetric intensity-modulated arc therapy vs conventional intensity modulated radiation therapy in advanced head and neck cancer. World J Clin Oncol. 2012;3(4):57–62.
- Desquilbet L, Mariotti F. Dose-response analyses using restricted cubic spline functions in public health research. Stat Med. 2010;29(9):1037–57.
- 12. Durrleman S, Simon R. Flexible regression models with cubic splines. Stat Med. 1989;8(5):551–61.
- Ma SJ, Yu H, Yu B, et al. Association of pack-years of cigarette smoking with survival and tumor progression among patients treated with chemoradiation for head and neck cancer. JAMA Netw Open. 2022;5(12): e2245818.
- Ma SJ, Yu H, Khan M, et al. Evaluation of optimal threshold of neutrophillymphocyte ratio and its association with survival outcomes among patients with head and neck cancer. JAMA Netw Open. 2022;5(4): e227567.
- Wisdom AJ, Hong CS, Lin AJ, et al. Neutrophils promote tumor resistance to radiation therapy. Proc Natl Acad Sci U S A. 2019;116(37):18584–9.
- Austin PC. Optimal caliper widths for propensity-score matching when estimating differences in means and differences in proportions in observational studies. Pharm Stat. 2011;10(2):150–61.
- 17. Haukoos JS, Lewis RJ. The propensity score. JAMA. 2015;314(15):1637-8.
- Lee JS, Kim NY, Na SH, Youn YH, Shin CS. Reference values of neutrophillymphocyte ratio, lymphocyte-monocyte ratio, platelet-lymphocyte ratio, and mean platelet volume in healthy adults in South Korea. Medicine (Baltimore). 2018;97(26): e11138.
- Hanahan D, Weinberg RA. Hallmarks of cancer: the next generation. Cell. 2011;144(5):646–74.
- Kano S, Homma A, Hatakeyama H, et al. Pretreatment lymphocyte-tomonocyte ratio as an independent prognostic factor for head and neck cancer. Head Neck. 2017;39(2):247–53.
- Balkwill F, Mantovani A. Inflammation and cancer: back to Virchow? Lancet. 2001;357(9255):539–45.
- 22. Dolan RD, McSorley ST, Horgan PG, Laird B, McMillan DC. The role of the systemic inflammatory response in predicting outcomes in patients with advanced inoperable cancer: Systematic review and meta-analysis. Crit Rev Oncol Hematol. 2017;116:134–46.
- Feng F, Zheng G, Wang Q, et al. Low lymphocyte count and high monocyte count predicts poor prognosis of gastric cancer. BMC Gastroenterol. 2018;18(1):148.

- 24. Tham T, Olson C, Khaymovich J, Herman SW, Costantino PD. The lymphocyte-to-monocyte ratio as a prognostic indicator in head and neck cancer: a systematic review and meta-analysis. Eur Arch Otorhinolaryngol. 2018;275(7):1663–70.
- Vigneswaran N, Williams MD. Epidemiologic trends in head and neck cancer and aids in diagnosis. Oral Maxillofac Surg Clin North Am. 2014;26(2):123–41.
- Partlova S, Boucek J, Kloudova K, et al. Distinct patterns of intratumoral immune cell infiltrates in patients with HPV-associated compared to nonvirally induced head and neck squamous cell carcinoma. Oncoimmunology. 2015;4(1): e965570.
- Iijima N, Goodwin EC, Dimaio D, Iwasaki A. High-risk human papillomavirus E6 inhibits monocyte differentiation to Langerhans cells. Virology. 2013;444(1–2):257–62.
- Lin CH, Chou WC, Wu YY, et al. Prognostic significance of dynamic changes in lymphocyte-to-monocyte ratio in patients with head and neck cancer treated with radiotherapy: results from a large cohort study. Radiother Oncol. 2021;154:76–86.

## Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

#### Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

#### At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

